

# DELI

-15%

Yoghurt Cup 100ml	R22	<b>R18.70</b>
Yoghurt Cup 150ml	R26	<b>R22.10</b>
Homemade Muffin	R33	<b>R28.05</b>
Chocolate-Chip Cookie	R17	<b>R14.45</b>
Whole Fruit (ea)	R13	<b>R11.05</b>
Fruit Salad Tub	R35	<b>R42.50</b>
Green Salad Tub	R50	<b>R41.65</b>
Chicken Salad Tub	R64	<b>R54.40</b>
Simba Chips	R13	<b>R11.05</b>
Doritos	R13	<b>R11.05</b>
Energy Bar	R23	<b>R19.55</b>
Energade Sports Jellies	R26	<b>R22.10</b>
Chocolates	R21	<b>R17.85</b>

# SARMIES

SERVED PLAIN OR TOASTED ON WHITE OR BROWN BREAD:

Egg mayonnaise	R39	<b>R33.15</b>
Chicken mayonnaise	R54	<b>R45.90</b>
Ham, cheese, tomato	R46	<b>R39.10</b>
Cheese & tomato	R39	<b>R33.15</b>
Tuna	R52	<b>R44.20</b>

# BAGUETTES

Chicken Baguette	R76	<b>R64.60</b>
Beef Baguette	R88	<b>R74.80</b>

# TRY OUR NEW SMOOTHIES!

See the beverage menu for info

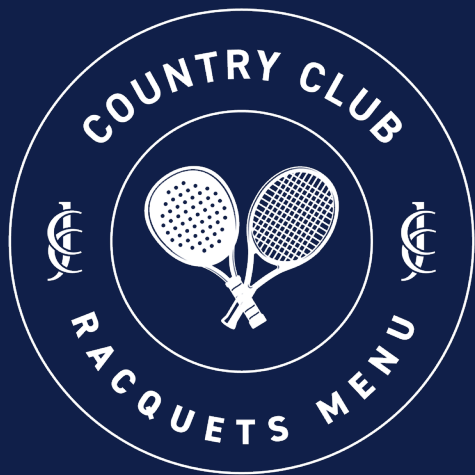
# PIZZAS

30cm -15%

<b>CCJ Vegetarian (v)</b>	<b>R123</b>	<b>R104.55</b>
Pickled aubergine, baby marrow, artichoke, mushrooms and chilli flakes		
<b>Margherita (v)</b>	<b>R104</b>	<b>R 88.40</b>
Tomato base and mozzarella		
<b>Hawaiian</b>	<b>R127</b>	<b>R107.95</b>
Tomato base, mozzarella, ham and pineapple		
<b>CCJ Pizza</b>	<b>R166</b>	<b>R141.10</b>
Tomato base, mozzarella, salami, ham, feta, black olives, chilli, garlic and rocket		
<b>Regina</b>	<b>R136</b>	<b>R115.60</b>
Tomato base, mozzarella, ham and mushrooms		
<b>Rocklands</b>	<b>R165</b>	<b>R140.25</b>
Tomato base, mozzarella, bacon, brie, spiced berry jam and avocado		
<b>Cajun Chicken</b>	<b>R151</b>	<b>R128.35</b>
Tomato and sweet chilli base, mozzarella, grilled Cajun chicken, grilled onions, avocado, green and red peppers		
<b>Pepperoni</b>	<b>R147</b>	<b>R124.95</b>
Tomato base, mozzarella, pepperoni and oregano		
<b>FAB</b>	<b>R146</b>	<b>R124.10</b>
Tomato base, feta, avocado and bacon		
<b>Chicken Mayo and Bacon</b>	<b>R157</b>	<b>R133.45</b>
Tomato base, mozzarella, chicken mayonnaise, fresh thyme and bacon		
<b>Spare Rib</b>	<b>R152</b>	<b>R129.20</b>
Tomato base, mozzarella, pulled pork spare ribs, sliced jalapeño, smoky BBQ sauce		
<b>Mexicana (new)</b>	<b>R147</b>	<b>R124.95</b>
Tomato base, mozzarella, beef mince, peppers, corn and chilli		
<b>Focaccia</b>		
Herb	<b>R54</b>	<b>R 45.90</b>
Garlic and herb	<b>R60</b>	<b>R 51.00</b>
Garlic herb and mozzarella	<b>R86</b>	<b>R 73.10</b>
<b>Banting Base</b>		
Cauliflower or pumpkin base	<b>R40</b>	<b>R 34.00</b>
<b>EXTRA TOPPINGS:</b>		
Tomato, Onions	<b>R10</b>	<b>R 8.50</b>
Pineapple	<b>R12</b>	<b>R 10.20</b>
Rocket	<b>R20</b>	<b>R 17.00</b>
Mushroom, Ham	<b>R22</b>	<b>R 18.70</b>
Feta	<b>R25</b>	<b>R 21.25</b>
Cheddar, Olives	<b>R26</b>	<b>R 22.10</b>
Mozzarella	<b>R28</b>	<b>R 23.80</b>
Bacon, Blue Cheese	<b>R32</b>	<b>R 27.20</b>
Chicken	<b>R33</b>	<b>R 28.05</b>
Avocado	<b>R37</b>	<b>R 31.45</b>
Salami, Pepperoni	<b>R40</b>	<b>R 34.00</b>
Replace mozzarella for vegan mozzarella	<b>R50</b>	<b>R 42.50</b>

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\* Dishes may contain nut/nut derivatives. Avocado is seasonal



# SMOOTHIES

**CCJ BLUE** **R75** **-15% R63.75**  
 Banana, blueberries, yoghurt, vanilla whey, butterfly pea powder and chia seeds blended with milk

**TROPIC GLO** **R70** **R59.50**  
 Pineapple, mango, passion fruit and orange juice blended with water

**GREEN MAMBA** **R70** **R59.50**  
 Spinach, celery, cucumber, kiwi, mint, ginger, lemon and honey blended with water

**HALIE BERRY** **R70** **R59.50**  
 Mixed berries, yoghurt, nuts and honey blended with water

**STRAWBERRY BURST** **R70** **R59.50**  
 Strawberry, apple juice, banana and yoghurt blended with water

**PEANUT BUTTER DELIGHT** **R75** **R63.75**  
 Peanut butter, banana, dark chocolate, choc symphony and yoghurt blended with water

# WINE

## SPARKLING

Graham Beck		<b>Gls -15%</b>	<b>Bot -15%</b>
Boschendal Brut	R80 R68		R395 R335.75
Boschendal Brut Rose	R80 R68		R390 R331.50

## SAUVIGNON BLANC

CCJ House Wine: Stellenrust	R56 R47.60		R210 R178.50
Springfield Life From Stone			R340 R289.00
Klein Constantia	R99 R84.15		R375 R318.75

## CHARDONNAY

Backsberg Smuggled Vines			R225 R191.25
Rickety Bridge	R80 R68.00		R305 R259.25

## CHENIN BLANC

Mulderbosch Steen Op Hout			R220 R187.00
Fryer's Cove	R80 R68.00		R310 R263.50

## ROSE

Franschhoek Cellar			R195 R165.75
Boschendal Blanc De Noir	R52 R44.20		R200 R170.00

## PINOT NOIR

Haute Cabriere Pinoit Noir Reserve			R480 R408.00
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## CABERNET SAUVIGNON

Franschhoek Cellar	R58 R49.30		R220 R187.00
Ernie Els Big Easy			R230 R195.50

## MERLOT

Backsberg Plum Valley	R79 R62.90		R300 R255.00
Diemersdal	R88 R74.80		R335 R284.75

## PINOTAGE

Beyerskloof	R69 R58.65		R210 R178.50
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## SHIRAZ

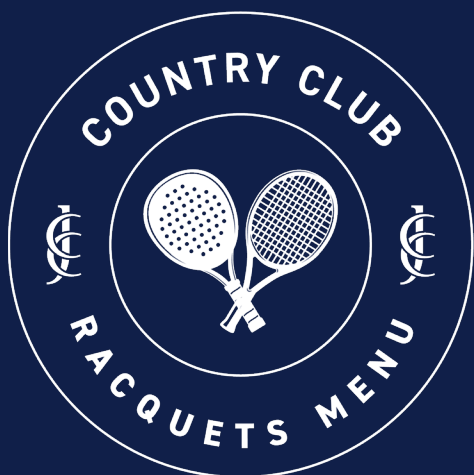
Saronsberg Provenance			R300 R255.00
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## RED BLENDS

CCJ House Red: KC Blend	R59 R50.15		R225 R191.25
Kanonkop Kadette			R310 R263.50

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# ON TAP

	340ml - 15%	500ml - 15%
Castle Lite	R33 R29.75	R50 R42.50
Windhoek Draught	R40 R34.00	R53 R45.05
Stella Artois Draught	R40 R34.00	R55 R46.75
Heineken Draught	R38 R32.30	R56 R47.60

# BEERS & CIDERS

	BOTTLE - 15%
Castle Lager/Lite	R37 R31.45
Heineken, 00 and Silver	R40 R34.00
Amstel Lager	R37 R31.45
Windhoek Lager/Light	R37 R31.45
Hansa Pilsener	R37 R31.45
Black Label	R37 R31.45
Hunters Dry	R40 R34.00
Savanna Light/Dry/Non Alcoholic	R42 R35.70
Brooks Hard Seltzer	R42 R35.70
Flying Fish	R37 R31.45

# SPIRITS

	TOT - 15%
Klipdrift	R19 R16.15
Richelieu	R19 R16.15
Klipdrift Premium	R23 R19.55
KWV 10 Year	R28 R23.80
Famous Grouse	R24 R20.40
Bells	R24 R20.40
Jack Daniels	R30 R25.50
Jamesons	R43 R36.55
Johnnie Walker Black Label	R44 R37.40
Glennfiddich 12 Year	R58 R49.30
Captain Morgan	R23 R19.55
Spiced Gold	R23 R19.55
Smirnoff Vodka	R19 R16.15
Absolute Vodka	R34 R28.90
Gordon's Dry Gin	R19 R16.15
Bombay Sapphire Gin	R34 R28.90
Tanqueray Gin	R30 R25.50

# LIQUEUR

	TOT - 15%
Tequila Gold/Silver	R32 R27.20
Jagermeister	R33 R28.05
Amarula	R20 R17.00
Peppermint Liqueur	R20 R17.00

# COLD DRINK

Still or Sparkling Water	R19	R16.15
Dry Lemon, Lemonade, Soda Water, Ginger Ale, Tonic Water	R24	R20.40
Fitch & Leedes (Regular/Sugar Free)	R24	R20.40
Coke (Regular/Light/Zero), Creme Soda, Sprite (Regular/Zero), Stoney or Fanta	R27	R22.95
Energade and Powerade	R34	R28.90
MyO2	R35	R29.75
Bos Ice Tea	R36	R30.60
Appletiser and Grapetiser	R38	R32.30
Tomato Cocktail	R42	R35.70
Monster Energy	R45	R38.25
Redbull	R48	R40.80

# HOT DRINKS

Americano	R30	R25.50
Cappuccino	R35	R29.75
Red Cappuccino	R35	R29.75
Café Mocha	R41	R34.85
Espresso	R23	R19.55
Double Espresso	R30	R25.50
Café Latte	R35	R29.75
Hot Chocolate	R37	R31.45
Tea	R23	R19.55
Chai Tea Latte	R37	R31.45

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